



9-10 December 2023 · Moana Pool, Dunedin

MEET FLYER

The Otago Junior Long Course Carnival is open to all registered Swimming NZ members and international athletes aged 12 years & under as of 31 December 2023. This competition will be delivered alongside the Otago Long Course Senior Championships to provide our junior members with a long-course racing opportunity while obtaining qualifying times for their own Long Course Championships in March 2024.

Entering this carnival, all participants agree to

- comply with the Sports Anti-Doping Rules
- allow photographs, video, multimedia, or film likenesses taken by accredited photographers to be used for any legitimate purpose by Swimming Otago
- comply with any COVID-19 restrictions and protocols in place at the time of this carnival

Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to and will endeavour to obtain the necessary number of Technical Officials. The pool deck is reserved for accredited personnel and event volunteers during the competition; all other persons are to be seated in their designated area in the Grandstand. As always, pool access is free and via the front entrance.

This document may be amended, so keep an eye on the event page to ensure you have the latest version.

HEALTH AND SAFETY

Supervision Policy: Athletes under 10 years MUST always be supervised, especially outside the competition arena and wear a yellow band, except when racing. Bands can be picked up and returned to the bin found in the reception area.

Pool Deck: Only essential personnel (Technical Officials and Timekeepers) are allowed during the competition on the pool deck. Coaches are to always remain in their designated area.

General: Be careful in the Grandstand, as it can get very slippery. To minimise the risk of injury, all athletes must dry off before using the corridors behind the stands. Athletes are not allowed in the reception area in their swimwear; athletes must be dressed, including shoes. Stairwells, fire exits, and clearways are always to remain clear. No seating is permitted on the bottom row of seats in the Grandstand as this is a clearway.

Evacuation Procedure: If the pool requires evacuation, you will be guided by Moana Pool staff. Remain calm and follow their follow instructions.

TECHNICAL OFFICIALS, TIMEKEEPERS AND VOLUNTEERS

- Swimming Otago will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in the Swimming NZ approval criteria.
- Indicate your availability by completing the **Duty Form** by Saturday, 2 December at 8:00pm.
- A meeting will be held 15 minutes before the start of each session.
- Reminder to bring your water bottle and sunglasses.

COACH AND TEAM MANAGER

- Coach and Team Manager forms must be completed on the Swimming NZ Database by Friday, 8 December. A how-to guide can be found [here](#).
- All Coaches and Team Managers must be police vetted, and this accreditation must be visible on their Swimming NZ profile.
- A meeting will be held 30 minutes before the start of session 1.



ENTRY DETAILS

Individual Event: entry fee per event	\$7.00	Closes Thursday, 30 November 2023, at 11:59pm
Relay Event: entry fee per team per event	\$12.00	Closes Friday, 1 December 2023, at 11:59pm
Athlete Surcharge Fee per athlete	\$7.00 non-refundable	

- Athlete's age as of 31 December 2023: must be 12 years or under
- All entries must be completed online through [Fast Lane](#) or the Swimming NZ Database, except for international and Para athletes who are to contact Swimming Otago. **No late entries will be accepted.**
- Swimming Otago will invoice clubs with outstanding fees once the final psych sheets are published.
- There are **no Refunds** for any withdrawals after the publication of the final Psych Sheets. However, consideration may be given when a signed medical certificate is provided before the commencement of the competition.
- Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to.
- Completed entries constitute acceptance of the conditions and rules outlined in the competition documents.
- No qualifying times apply to this carnival; athletes can enter without an entry time, but coaches are asked to ensure their athletes are capable of the distance entered. Times held in the Results database will automatically be converted.

CARNIVAL RULES

This competition will be conducted under Swimming NZ rules, regulations, and policies with the exceptions in this flyer and delivered in a long course format (50m) with electric timing and over-the-top starts.

- The competition will be swum long course (50m) with all events raced as timed finals and seeded based on entry times, maybe using over-the-top starts.
- Athletes with a disability may compete at this carnival and shall do so under the IPC rules.
- Time trials will not be permitted.
- Technical Performance Race Suit policy will be applied at this carnival. To view the policy, click [here](#).
- Results will be published as 12 years and under, as no awards are offered at this carnival.

MORE DETAILS

- **Draft entry reports** will be emailed to all participants and clubs after the close of individual entries. These are to be checked thoroughly, and advise Swimming Otago of any discrepancies by Saturday, 2 December, at 8:00pm. The final reports, psych sheets, team entry list and timeline will be published on the event page the following day.
- **Seating Plan** will be published in the meet programme. Coaches can utilise the designated coach's area on the pool deck. However, no athlete, manager or coach is to stand or sit outside this area during the competition sessions. Team Managers are asked to ensure athletes do not procure more seats than the team requires; there is enough seating for everyone!
- **Warm Up** is to be conducted under the consultation and guidance of all coaches. Warmup commences forty-five (45) minutes before the start of each session. Backstroke start devices will be made available for use during each warmup period. Lane 8 is reserved for para-athletes only, when applicable. Only lane 1 in the dive/lap pool during the competition session is open for warmup/down.
- **Team Managers' meeting** will be held 30 minutes before the start of session 1 in the corridor behind the Recorders office. Each club must have at least one representative at the meeting to ensure they have the latest information. Team Managers will be given a brief run-down of meet activities, expectations of athletes and clubs and general delivery of the event.
- **Marshalling** is dependent on and, therefore, is subject to volunteer availability. An update will be provided at the Team Manager's meeting.
- **Timelines** will be included in the Meet Programme; however, be aware that these times are approximate; races may start before or after the times indicated.
- **Disqualification notices** can be uplifted from Club boxes. Announcements are reliant on and, therefore, subject to volunteer availability.
- **Results** will be posted as soon as possible on the gym window below the Grandstand at the shallow end of the main pool. Meet Mobile will be available, and results will be published on our event page at the end of each session.
- **Club Boxes** and competition forms can be found in the Just Swim office, accessible via the pool deck.

MEET SCHEDULE

Saturday, Session 1

Warm-up from 8:30am, Racing from 9:15am

- 1 Mixed 800 Freestyle - 11 years & over
- 2 Women 50 Breaststroke
- 3 Men 50 Breaststroke
- 4 Women 200 Backstroke
- 5 Men 200 Backstroke
- 6 Women 100 Butterfly
- 7 Men 100 Butterfly
- 8 Women 4x100 Freestyle Relay
- 9 Men 4x100 Freestyle Relay
- 10 Mixed 4x100 Medley Relay

Saturday, Session 2

Warm-up from 2.00pm, Racing from 2:45pm

- 11 Mixed 400 IM - 11 years & over
- 12 Men 50 Butterfly
- 13 Women 50 Butterfly
- 14 Men 200 Freestyle
- 15 Women 200 Freestyle
- 16 Men 100 Backstroke
- 17 Women 100 Backstroke
- 18 Men 200 Breaststroke
- 19 Women 200 Breaststroke

Sunday, Session 3

Warm-up from 8.30am, Racing from 9.15am

- 20 Mixed 1500 Freestyle - 11 years & over
- 21 Women 50 Backstroke
- 22 Men 50 Backstroke
- 23 Mixed 200 Butterfly - 11 years & over
- 24 Women 100 Freestyle
- 25 Men 100 Freestyle
- 26 Women 4x100 Medley Relay
- 27 Men 4x100 Medley Relay
- 28 Mixed 4x100 Freestyle Relay

Sunday, Session 4

Warm-up from 1.30pm, Racing from 2.15pm

- 29 Mixed 400 Freestyle - 11 years & over
- 30 Men 100 Breaststroke
- 31 Women 100 Breaststroke
- 32 Men 50 Freestyle
- 33 Women 50 Freestyle
- 34 Men 200 IM
- 35 Women 200 IM
- 36 Zenith Jubilee Trophy – 13 years & over
- 37 Festival Cup – 13 years & over

IMPORTANT DATES

Thursday, 30 November at 11:59pm	Individual Entries Close
Friday, 1 December at 11:59pm	Relay Entries Close
Saturday, 2 December at 8:00pm	Entry corrections are due, and the Duty Form closes
Friday, 8 December	Coaches and Managers Form Closes
Saturday, 9 December, from 8:30am	Warmup starts at 8:30am, and meetings from 8:45am